



**Fed up? Bored?**

Feel like trying something

**new?**

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## If you feel like this, we can help...

We have a team of skilled advisers who will support you to take the first steps to a **new you**. They will provide links to learning, confidence building, training or work and **help you** all the steps along the way.

We can meet you in a location which suits you.

Contact our Engagement Team on **0141 949 4949**  
or freephone **0800 027 5661**

The Open Gate, 44 Hecla Square, Glasgow, G15 8NH